INTERNATIONAL POWERLIFTING FEDERATION

Cross-Strait, Hong Kong and Macau SARs Combined Classic & Equipped Powerlifting & Bench Press Championships 2026, 09.10.2026

Equipped Bench Press (Men)

SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Bench Press			Total	IPF GL	Pts
Open												
-66kg												
1	Chow Jar Yue	1992	HKG	61.91	0.4652	3	135.0	140.0	150.0	150.0	69.78	12
-93kg												
1	Kam Chi Leung	1989	HKG	90.05	0.3372	5	225.0	235.0	245.0	245.0	82.62	12
-120kg												
1	Wu Cheong	1988	HKG	106.20	0.3089	6	200.0	~~212.5~~	212.5	212.5	65.64	12
Masters 1												
-74kg												
1	Hung Wing Fai	1980	HKG	73.14	0.3934	4	150.0	162.5	170.0	170.0	66.88	12

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;
1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.