INTERNATIONAL POWERLIFTING FEDERATION

Cross-Strait, Hong Kong and Macau SARs Combined Classic & Equipped Powerlifting & Bench Press Championships 2026, 10.10.2026

Equipped Powerlifting (Women)

DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Squat			All Bench Press			All Deadlift			Total	IPF GL	Pts
Open																		
84kg+																		
1	Chan Sze Hei	1993	HKG	94.07	0.1815	1	132.5	137.5	X	82.5	87.5	92.5	137.5	145.0	150.0	380.0	57.35	12

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;
1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.