INTERNATIONAL POWERLIFTING FEDERATION

68th Festival of Sport - Hong Kong Powerlifting Championship 2025 (Men), 12.04.2025

DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Squat				All Bench Press				All Deadlift				Total	IPF GL	Pts
Open																					
-59kg																					
1	Li Yuk Lam	01.06.01	TeamFuture	58.45	0.1663	2	200.0	210.0	220.0	1	115.0	122.5	~~127.5~~	1	217.5	232.5	~~245.0~~	1	575.0	95.63	12
2	Chan Pak Chung Sam	11.04.00	None	58.31	0.1665	1	~~170.0~~	~~170.0~~	170.0	2	102.5	110.0	~~115.0~~	2	185.0	195.0	~~210.0~~	2	475.0	79.10	9
-66kg																					
1	Harry John Swift	23.01.01	None	65.04	0.1571	4	205.0	212.5	217.5	1	120.0	127.5	132.5	1	220.0	235.0	243.0	1	593.0	93.16	12
-74kg																					
1	Ng Adrien Kwok Lam	19.10.97	None	72.63	0.1482	7	165.0	175.0	~~180.0~~	1	90.0	95.0	~~100.0~~	2	220.0	237.5	~~242.5~~	1	507.5	75.23	12
2	Tang Ho Chung Oswin	13.11.95	None	73.15	0.1477	9	150.0	160.0	~~170.0~~	2	115.0	122.5	127.5	1	200.0	212.5	220.0	2	507.5	74.95	9
-83kg																					
1	Cheung Chin Lam	16.11.01	TeamFuture	82.32	0.1390	13	250.0	262.5	~~272.5~~	2	140.0	145.0	150.0	1	280.0	300.0	~~310.0~~	1	712.5	99.04	12
2	Acton Mckenley	08.05.89	None	81.12	0.1400	14	250.0	265.0	275.0	1	130.0	135.0	~~140.0~~	2	260.0	275.0	290.0	2	700.0	98.03	9
3	Lee Sung Yan	12.01.95	TeamFuture	80.16	0.1409	12	160.0	172.5	182.5	3	90.0	~~95.0~~	~~95.0~~	3	170.0	185.0	195.0	3	467.5	65.87	8
-	Lam Shu Ping Calvin	17.12.93	None	83.77	0.1378	15	190.0	200.0	~~212.5~~	2	125.0	130.0	132.5	2	215.0	230.0	~~240.0~~	2	DSQ	DSQ	-
-93kg																					
1	Law Tak Kan Duncan	08.12.00	None	90.67	0.1325	21	232.5	245.0	255.0	1	170.0	175.0	177.5	1	245.0	260.0	267.5	1	700.0	92.72	12
2	Anthony Alastair Amaki-Furner	05.06.98	None	92.16	0.1314	24	167.5	180.0	187.5	3	105.0	112.5	120.0	3	190.0	205.0	~~210.0~~	3	512.5	67.34	8
-120kg																					
1	Lee Ho Sang	19.09.93	None	113.27	0.1193	25	245.0	~~265.0~~	~~265.0~~	1	155.0	~~162.5~~	~~162.5~~	1	300.0	310.0	X	1	710.0	84.67	12

Team (points)

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	F GL Poir	C.Rnk
1.	Cheung Chin Lam	Team Future	82.32	712.5	99.0404	1
2.	Acton Mckenley	None	81.12	700.0	98.0301	2
3.	Li Yuk Lam	Team Future	58.45	575.0	95.6254	1

Sub-Juniors

-83kg																					
1	Cheng Chi Ho	12.11.07	None	76.19	0.1446	16	160.0	170.0	~~177.5~~	1	100.0	110.0	115.0	1	195.0	X	215.0	2	500.0	72.31	12
-	Huang Aidan Francis	28.11.08	None	79.29	0.1417	18	~~155.0~~	~~155.0~~	~~155.0~~	?	~~100.0~~	100.0	~~105.0~~	2	220.0	235.0	242.5	1	DSQ	-	-

Team (points)

Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	F GL Poir	C.Rnk

1.	Cheng Chi Ho	None				76.19		500.0		72.3055	1									

Juniors

-66kg																				
1	Li Kin Hei William	17.10.02	TeamFuture	65.78	0.1562	3	207.5	222.5	~~232.5~~	1	122.5	130.0	~~135.0~~	1	225.0	240.0	~~250.0~~	1	592.5	92.52	12
-74kg																				
1	Chan Man Ine	05.11.04	None	72.19	0.1487	10	200.0	207.5	~~212.5~~	1	140.0	145.0	~~150.0~~	1	215.0	227.5	240.0	1	592.5	88.11	12
-83kg																				
1	Yu Man Nok	01.11.04	None	80.13	0.1409	20	195.0	202.5	~~207.5~~	1	135.0	140.0	~~145.0~~	1	205.0	215.0	225.0	1	567.5	79.97	12
-93kg																				
1	Lui Kwok Hei	13.01.02	TeamFuture	92.55	0.1311	22	200.0	220.0	245.0	1	152.5	162.5	~~167.5~~	1	225.0	~~250.0~~	~~250.0~~	2	632.5	82.94	12
2	Wong Hon Cheung	04.03.04	TeamFuture	88.18	0.1343	23	215.0	227.5	235.0	2	137.5	145.0	~~150.0~~	2	215.0	230.0	~~240.0~~	1	610.0	81.92	9

Team (points)

Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	F GL Poir	C.Rnk
1.	Li Kin Hei William	Team Future	65.78	592.5	92.5248	1
2.	Chan Man Ine	None	72.19	592.5	88.1125	1
3.	Lui Kwok Hei	Team Future	92.55	632.5	82.9404	1

Masters 1

-66kg																				
1	Chan Ching Ning	24.10.80	None	64.51	0.1578	5	122.5	127.5	132.5	1	80.0	85.0	~~90.0~~	2	155.0	167.5	172.5	1	390.0	61.53	12
-83kg																				
1	Mok Ka Hong	24.10.84	None	81.10	0.1401	11	137.5	145.0	152.5	1	100.0	~~107.5~~	107.5	1	180.0	192.5	205.0	1	465.0	65.13	12
2	Chan Ka Lok	08.01.78	None	75.73	0.1451	19	~~125.0~~	132.5	~~140.0~~	2	90.0	97.5	100.0	2	145.0	~~165.0~~	170.0	2	402.5	58.39	9
-120kg																				
1	Wu Kwong Lai	01.07.82	None	105.63	0.1231	26	185.0	197.5	210.0	1	120.0	127.5	135.0	1	180.0	190.0	200.0	1	545.0	67.10	12

Team (points)

Best Lifters of Masters 1 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	F GL Poir	C.Rnk
1.	Wu Kwong Lai	None	105.63	545.0	67.1009	1
2.	Mok Ka Hong	None	81.10	465.0	65.1279	1
3.	Chan Ching Ning	None	64.51	390.0	61.5346	1

Masters 3

-74kg																				
1	Tse Chi Keung	09.11.60	None	66.12	0.1557	8	100.0	110.0	120.0	1	50.0	52.5	55.0	1	145.0	150.0	155.0	1	330.0	51.39	12

-83kg

1	Wong Kwok Fai	05.01.61	None	79.20	0.1418	17	120.0	132.5	140.0	1	80.0	85.0	87.5	1	120.0	132.5	~~140.0~~	1	360.0	51.03	12

Team (points)

Best Lifters of Masters 3 by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	F GL Poir	C.Rnk
1.	Tse Chi Keung	None	66.12	330.0	51.3926	1
2.	Wong Kwok Fai	None	79.20	360.0	51.0347	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record;
1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

None = None

TeamFuture = Team Future