

INTERNATIONAL POWERLIFTING FEDERATION
Hong Kong Bench Press Championships 2023 (Men Equipped), Hong Kong (Hong Kong), 18.02.2023

DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	IPF GL Cf.	Lot	All Squat	All Bench Press	All Deadlift	Total	IPF GL	Pts
Open												
-59kg												
1	Chow Jar Yue	17.06.92	None	57.46	0.5096	2	- - - ?	105.0 115.0 115.0	1 - - - ?	105.0	53.51	12
-66kg												
1	Wong Kwok Sing	20.11.91	None	64.76	0.4426	3	- - - ?	120.0 130.0 135.0	1 - - - ?	135.0	59.75	12

Team(IPF GL Points)

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	F GL Poir C.Rnk
1.	Wong Kwok Sing	None	64.76	135.0	59.7523 1
2.	Chow Jar Yue	None	57.46	105.0	53.5102 1

Sub-Juniors

-93kg												
1	Yap Shao Feng	09.06.05	None	88.01	0.3421	4	- - - ?	90.0 100.0 115.0	1 - - - ?	100.0	34.21	12

Team(IPF GL Points)

Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	F GL Poir C.Rnk
1.	Yap Shao Feng	None	88.01	100.0	34.2115 1

Juniors

-53kg												
1	Wong Kwok Chin	02.10.00	None	64.76	0.4426	1	- - - ?	30.0 37.5 38.0	1 - - - ?	38.0	16.82	12

Team(IPF GL Points)

Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Result	F	GL	Poir	C.Rnk
1.	Wong Kwok Chin	None	64.76	38.0	16.81	92	1	

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record; wg - World Games Record; 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.

DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

None = None