Hong Kong Weightlifting and Powerlifting Association Limited

2022 Asian Pacific Powerlifting and Bench press Championships (equipped & classic) – Qualification, Hong Kong (Hong Kong), 17.12.2021

DETAILED SCORESHEET

Rnk	Name	d.o.b.	Team	Bwt	GL Coef	Lot	All Squat				All Bench Press				All Deadlift				Total	GL Pts	Pts
Open																					
-59kg																					
1	Lau Chung Shing	01.03.99	HKG	57.40	0.1679	1	155.0	~~162.5~~	162.5	1	92.5	97.5	~~102.5~~	1	160.0	~~170.0~~	170.0	1	430.0	72.20	12
-66kg																					
1	Li Ying Hang	30.12.83	HKG	65.11	0.1570	2	180.0	185.0	190.0	1	100.0	105.0	110.0	1	210.0	220.0	225.0	1	525.0	82.42	12
-74kg																					
1	Daisuke Tsunashima	04.06.81	HKG	73.38	0.1475	6	~~160.0~~	160.0	170.0	1	~~125.0~~	125.0	130.0	1	210.0	230.0	~~240.0~~	1	530.0	78.17	12
-83kg																					
1	Acton Mckenley	08.05.89	HKG	81.45	0.1398	7	260.0	267.5	~~272.5~~	1	125.0	132.5	137.5	1	270.0	~~285.0~~	~~285.0~~	1	675.0	94.36	12
-93kg																					
1	Law Kwan Chak	03.09.93	HKG	91.90	0.1316	10	230.0	245.0	~~250.0~~	1	150.0	160.0	~~170.0~~	1	~~245.0~~	245.0	265.0	1	670.0	88.17	12

Team (points)

Best Lifters of Open by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	GL Points	C.Rnk
1.	Acton Mckenley	Hong Kong	81.45	675.0	94.3650	1
2.	Law Kwan Chak	Hong Kong	91.90	670.0	88.1720	1
3.	Li Ying Hang	Hong Kong	65.11	525.0	82.4250	1

Sub-Juniors

-74kg																					
1	Yash Rezwan	01.03.04	HKG	71.48	0.1495	5	187.5	197.5	205.0	1	107.5	112.5	115.0	1	215.0	230.0	~~235.0~~	1	550.0	82.22	12

Team (points)

Best Lifters of Subjuniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	GL Points	C.Rnk
1.	Yash Rezwan	Hong Kong	71.48	550.0	82.2250	1

Juniors

1	Chung Sheung Wai	08.11.00	HKG	73.95	0.1469	3	210.0	220.0	~~222.5~~	1	162.5	~~167.5~~	~~167.5~~	1	220.0	~~230.0~~	~~230.0~~	2	602.5	88.51	12
2	Lau Ka Ho	31.01.00	HKG	69.83	0.1513	4	135.0	~~145.0~~	~~145.0~~	2	80.0	85.0	X	2	210.0	230.0	~~246.0~~	1	450.0	68.08	9
-93kg																					
1	Hui Ho Cheung	07.11.99	HKG	91.35	0.1320	9	190.0	200.0	~~210.0~~	1	120.0	125.0	~~130.0~~	1	210.0	220.0	230.0	2	555.0	73.26	12
2	Tang Ho Chun	18.05.98	HKG	83.01	0.1384	8	175.0	~~185.0~~	185.0	2	95.0	102.5	105.0	2	230.0	~~250.0~~	~~265.0~~	1	520.0	71.97	9

Team (points)

Best Lifters of Juniors by IPF GL Formula

Rnk	Lifter	Team	Bwt	Total	GL Points	C.Rnk
1.	Chung Sheung Wai	Hong Kong	73.95	602.5	88.5073	1
2.	Hui Ho Cheung	Hong Kong	91.35	555.0	73.2600	1
3.	Tang Ho Chun	Hong Kong	83.01	520.0	71.9680	2

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.

HKG = Hong Kong