

The Hong Kong Weightlifting and Powerlifting Association Ltd.
17th Hong Kong Benchpress Championships 2018(Geared), Hong Kong (Hong Kong), 03.11.2018

SCORESHEET

PL.	Name	B.Date	Team	Weight	WF	Lot	1 Att.	2 Att.	3 Att.	RESULT	W.pts.	Pts.
Open												
-59kg												
1	Mow Ka Ho	09.07.94	age Gar	58.29	0.8760	3	145.5	X	454.5	145.5	127.46	12
2	Siu Cheuk Hang	13.09.86	N/A	58.79	1.1327	2	80.0	82.5	85.0	85.0	96.28	9
-66kg												
1	Wong Kwok Sing	20.11.91	Lion	63.68	0.8091	6	110.0	122.5	130.0	122.5	99.11	12
-74kg												
1	Cheung Ho Man	21.11.86	Bar	69.82	0.7509	11	445.0	152.5	165.0	165.0	123.90	12
2	Hung Wing Fai	07.08.80	Lion	70.38	0.7463	8	155.0	165.0	172.5	165.0	123.14	9
-83kg												
1	Treshunkin Sergey	17.06.85	N/A	82.11	0.6718	13	220.0	230.0	232.5	220.0	147.80	12
2	Yu Shui Lun, Andrew	21.09.80	Lion	75.55	0.7090	12	400.0	100.0	120.0	100.0	70.90	9
-93kg												
1	Kam Chi Leung	18.03.85	N/A	84.19	0.6620	15	205.0	222.5	225.0	225.0	148.95	12
2	Tam Shek Leung	26.10.92	N/A	89.72	0.6394	14	140.0	150.0	170.0	150.0	95.91	9

Team (points)

Best Lifters of Open

Rnk	Lifter	Team	B.Weight	WF	Result	W.Points	C.Rnk.
1	Kam Chi Leung	None	84.19	0.6620	225.0	148.95	1
2	Treshunkin Sergey	None	82.11	0.6718	220.0	147.80	1
3	Mow Ka Ho	Rage Gang	58.29	0.8760	145.5	127.46	1

Sub-Juniors

-53kg												
1	Wong Kwok Ching SJ	02.10.00	N/A	45.50	1.1382	1	30.0	35.0	37.5	37.5	42.68	12
-83kg												
1	Choi Ka Hei	27.12.01	N/A	79.43	0.6858	10	175.0	185.0	195.0	185.0	126.87	12

Team (points)

Best Lifters of Subjuniors

Rnk	Lifter	Team	B.Weight	WF	Result	W.Points	C.Rnk.
1	Choi Ka Hei	None	79.43	0.6858	185.0	126.87	1
2	Wong Kwok Ching SJ	None	45.50	1.1382	37.5	42.68	1

Juniors

-66kg												
1	Li Ka Tai, Junior	07.11.95	HKMA	64.07	0.8049	5	82.5	87.5	90.0	90.0	72.44	12

Team (points)

Best Lifters of Juniors

Rnk	Lifter	Team	B.Weight	WF	Result	W.Points	C.Rnk.
1	Li Ka Tai, Junior	HKMA	64.07	0.8049	90.0	72.44	1

Masters 1

1	Yip King Lung	07.01.77	Bar	64.13	0.8043	4	80.0	87.5	92.5	87.5	70.38	12
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Team (points)

Best Lifters of Masters 1

Rnk	Lifter	Team	B.Weight	WF	Result	W.Points	C.Rnk.
1	Yip King Lung	BAR	64.13	0.8043	87.5	70.38	1

Masters 2

-74kg												
1	Choi Ling Fung	13.01.66	Lion	69.57	0.7529	7	120.0	130.0	130.0	130.0	97.88	12

Team (points)

Best Lifters of Masters 2

Rnk	Lifter	Team	B.Weight	WF	Result	W.Points	C.Rnk.
1	Choi Ling Fung	Lion	69.57	0.7529	130.0	97.88	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
 1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
 DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.
 Bar = BAR
 Lion = Lion
 Rage Gang = Rage Gang
 HKMA = HKMA
 N/A = None