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| **香港附加無裝備臥推舉錦標賽2021暨2022亞太臥推舉賽選拔賽****Hong Kong Additional Bench press Championship 2021 combined with 2022 Asian Pacific Bench press Championship****(截止報名日期: 2021年11月27日 Registration Deadline: 2021-11-27)** | Affix photo here(Photo must be attached or the application will be rejected)照片貼在上格(必須提供照片，否則申請將不被接納) |
| **REGISTRATION OF COMPETITOR 運動員註冊表** |
| Name姓名\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (Chinese中文) (English英文) |
| Date of Birth Sex出生日期 年(Y) 月(M) 日(D) 性別 \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| 請問是否已成爲本會會員？□ 普通會員□ 永久會員□ 否（需連同會員申請表格一同遞交）Are you a member of HKWPA?□ Ordinary member□ Permanent member□ No, please submit together with the membership application form. |
| Body Weight Class Age Category\* Open / Master 1,2,3,4 / Sub-Junior / Junior參加體重級別 年齡組別\* (公開組 / 元老組1, 2, 3, 4 / 少年組 / 青年組) \*Please delete 請將不合適刪去**參加賽事 Participating event:**請選擇Please Choose: □ 臥推舉 **(無裝備)** Benchpress **(Classic)****欲參加賽事Intended Participating event: \*可選多項Multiple Selections**□ 2022亞太單項臥推舉 **(有裝備)** 2022 Asian Pacific Single Benchpress **(Equipped)**□ 2022亞太單項臥推舉 **(無裝備)** 2022 Asian Pacific Single Benchpress **(Classic)**紀念T-Shirt於參加工作坊後派發Souvenir T- shirt will be given after workshop請選擇Please Choose: □ Size: S □ Size: M □ Size: L □ Size: XL □ Size: XXL□ Size: XXXL |
| Occupation E mail職業 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 電郵地址 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Home Address住址 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
|  I/D or Passport No. Tel No.身份證號碼 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 電話 \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| **(自願性質Voluntary) 選擇臥推舉工作坊日期 Bench Press Workshop dates:圈一日Circle 1 days**

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| 6/11 12:35-14:00 | 11/11 18:00-19:15 |
| 13/11 11:05-12:30 | 13/11 12:35-14:00 (English) |
| 20/11 12:35-14:00 | 20/11 17:45-19:00 |
| 25/11 18:00-19:15 (English) | 27/11 11:05-12:30 |
| 27/11 12:35-14:00 (English) | 4/12 12:35-14:00 |
| 9/12 18:00 -19:15 | 11/12 11:05-12:30 |
| 11/12 12:35-14:00 (English) | 13/12 18:00-19:15 |

**如選擇日期已被選，將安排最接近日期。If your selected dates are occupied, the closest available dates will be arranged.** **過往活動申報:**請問由申請報名當日起計過去12個月內是否曾經參與並非由本會主辦之健力比賽？ 是 □ 否 □如答“是”，請填寫以下資料:（“參與”包括以運動員、裁判或工作人員身份參加該活動）(注: 依本會規章47條，除非得到執行委員會的同意: (a)會員不可以參加由非本會舉辦的比賽; (b)不得允許HKWPA的工作人員為非總會或總會下屬成員主辦的比賽擔任裁判或提供協助，或為不屬於總會的組織提供指導。)

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| 活動名稱 |  | 活動名稱 |  |
| 活動日期 |  | 活動日期 |  |
| 主辦單位 |  | 主辦單位 |  |

**Declaration:**Have you participated in any powerlifting competition (as an athlete, referee or staff) which was not organized by HKWPA in the past twelve months? (As at the date of nomination) Yes □ No □(Note: According to HKWPA Memorandum & articles Clauses 47. Unless approved by the Executive Committee: -(a) No member of the affiliated organization shall be permitted to participate any competition or display organized by organizations not affiliated to the Association; (b) No official of the HKWPA shall be permitted to adjudicate or assist at competitions or displays not organized by the Association or by the affiliated Members of the Association, or to instruct at organizations not affiliated to the Association.)If the answer is “Yes”, please specify the details of competition: |

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| Event Name |  | Event Name |  |
| Date |  | Date |  |
| Organizer |  | Organizer |  |

備註: 參加者須如實填報所有資料, 如資料不全或資料失實, 本會有權取消其報名資格。Remarks: Applicant is required to fill in all information truthfully, HKWPA reserve the rights to reject the application incase of incomplete information or any false information is provided.**聲明 Declaration：**本人願意遵守賽會一切規則及裁決，並明白此運動帶有危險性，參加者承擔個人一切意外責任(包括傷亡)，主辦及協辦團體概不負責。本人註冊為\* 獨立運動員 / 隊際運動員(團體名稱)\_\_\_\_\_\_\_\_\_\_\_\_\_屬下運動員由簽字日起生效。\* 請刪去不適用者 I will obey the regulation and decision of The Hong Kong Weightlifting and Powerlifting Association Limited. I also understand that the competition carries risk of injury. The organizer will not be liable for any injury or loss of life and it is my sole responsibility. I hereby register as \* individual lifter / team lifter of Club.\* Please delete as appropriate日期Date : 年(Y) 月(M) 日(D) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  (簽署Signature)**如未滿十八歲的申請人須由家長或監護人填寫此聲明:** 本人証明(參加者姓名) 健康及體能良好, 並適宜參與上述比賽。 如果申請人因她/他的疏忽或體能欠佳, 而引致參加這項活動時傷亡, 主辦機構無須負責。家長或監護人姓名: 簽署: 日期: **Declaration for participant’s parent or legal guardian if the participant aged under 18:** I hereby certify that the health and body fitness condition of (participant’s name) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is good and suitable to join the above competition. I also understand that the competition carries risk of injury, the organizer will not be liable for any injury or loss of life if the injury or loss of life is caused by the careless or poor fitness condition of the participant.  Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_   |